
Family Resources

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Child Care Services at Duke University

There are a number of services available for the care of young children of graduate students and other members of the Duke community. Staff and Family Programs (S&FP) has a Web site, <http://www.hr.duke.edu/family/>, which lists many family-related resources. There is also a link to Duke Children's Campus, an on-site, five-star, nationally accredited child care center with some spaces for graduate student children. There is financial aid available for this and other child care options through either the Graduate School or the university Office of Student Affairs. Also included is a link to a network of state-licensed family child care homes called "The Care Connection." The Care Connection lists providers with three or more stars who care for up to five preschool children and three school-aged children in their homes, and who are located in Durham, Chapel Hill, or Raleigh. Detailed information is given about each provider's program, including fees, star rating, ratios, and bimonthly updates on availability.

For more information, contact:

Staff and Family Programs Office
154 Trent Drive
684-9040

Lactation Rooms

Faculty, staff, or students interested in using one of the twelve private lactation rooms, as well as departments wishing to establish a new lactation room, should contact Staff & Family Programs at 684-9040. New users will submit a form to request activation of their Duke ID card for a specific room. More information about the lactation rooms can be found at <http://www.hr.duke.edu/lactation/>.

Duke Child Care Partnership

Parents who work at Duke University and Health System have access to quality child care through the Duke Child Care Partnership, a program administered by Duke Staff & Family Programs. Goals of the Duke Child Care Partnership are to improve the quality of child care and expand space for infants and toddlers while increasing child care options for Duke families. In exchange for past grant funding from Duke through a partnership with Child Care Services Association (CCSA), Duke faculty, staff, and students will receive priority for vacant spaces at these facilities when they become available. See <http://www.hr.duke.edu/dccp/> for a listing of participating centers. Those with questions may contact Staff & Family Programs at 684-9040.

Duke Children's Campus

Valerie Person, Director
511 Alexander Avenue
684-8644

The Duke Children's Campus, operated by Bright Horizons, has space for children aged six weeks old to kindergarten age. Graduate students may apply for enrollment for their children by completing the necessary forms at Duke Children's Campus or from <http://hr.duke.edu/dcc/>. Graduate students have two options for financial aid. They may

apply for a Duke University Child Care Scholarship by contacting Linda Moiseenko as explained below, or they may apply for a Graduate School Child Care Subsidy as described later in this Family Resources section.

Duke University Child Care Scholarship

The Duke University Child Care Scholarship Fund helps support families who need financial assistance with child care expenses. Applications are accepted in the spring and awards are disbursed during the subsequent academic year.

For more information, contact:

Linda Moiseenko
Dean of Students Office
200 Crowell Hall
684-6711
linda.moiseenko@duke.edu

Child Care Services Association

Child Care Services Association (CCSA) is a private, non-profit agency created to assist families in finding high quality child care in the Triangle. More information can be found at <http://www.childcareservices.org/>.

Child Care Services Association Free Child Care Referral Services

In Durham: 403-6950

In Chapel Hill: 967-3272

In Raleigh: 779-2220

N.C. Division of Child Development

The N.C. Division of Child Development regulates child care in our state. There are about 180 preschools and licensed child care centers in the Durham area sponsored by public and private entities. These providers reflect many approaches to early education. There are also about 220 family child care homes. Like centers, these are licensed by the state. The Division's Web site, <http://www.ncchildcare.net/>, provides information about the five-star rating scale which is used to evaluate the quality of all licensed child care programs in North Carolina. One can search either by name of a program or by zip code to learn about ratings.

Child Care Subsidy

Sponsored by the Graduate School

Eligibility

- You must be a full-time Ph.D. student at Duke University.
- The award ends automatically upon graduation, when university affiliation ends, or when the student drops below full-time enrollment.
- In two-parent families, both parents must be in school, working, or seeking work outside the home.

Child Care Requirements

The subsidized child care is expected to meet a specific standard of care. This will subsidize your child's enrollment at a three-, four-, or five-star facility, as determined by the North Carolina Department of Health and Human Services. These facilities can be either child care centers or family child care homes, but must be rated at the three-, four-, or five-star level or be NAEYC (National Association for the Education of Young Children) accredited.

- To determine the star rating of local centers, please visit the North Carolina Division of Child Development Web site at <http://www.ncchildcare.net/>.
- Information about NAEYC accreditation can be found at <http://www.naeyc.org/accreditation/>.

Allocation

The subsidy will be allocated by the Graduate School according to financial need. Your income will be determined by your gross family income, including any child support payments. Please attach a copy of your most recent federal income tax form and any financial aid award letters from Duke University for the current year to the application form. Please report family base salaries only, or earnings if self-employed. The amount should exclude any variable compensation such as overtime, bonus, or profit sharing payments. Please be sure to note monies you pay directly for tuition and fees, especially if that money is included in your stipend or fellowship paycheck, in the application. These monies will then not be included by the committee in determining net income.

Please note:

A significant change in family income during the year will affect the subsidy amount. This would occur, for example, when a spouse who formerly did not work starts a new job or a working parent receives a significant salary increase. Parents are required to immediately notify Lana BenDavid (lane.bendavid@duke.edu; 681-1551) should family income change so that the amount of subsidy can be re-evaluated and adjusted as required.

Confidentiality

All financial information reported will be kept confidential. Please contact Lana BenDavid (lane.bendavid@duke.edu; 681-1551) at the Office of Graduate Student Affairs for additional information.

Family Activities

Most of the museum and science centers in the Triangle have special programs just for kids. Call them directly for dates, times, fees, and more information.

AMF Bowling Center

4508 Durham Chapel Hill Boulevard
489-9154

B-Bar Stables

<http://www.b-bar.net/>
3918 Bivins Road, Durham
477-3750 (barn)
270-6417 (Carolyn Wilson)
Family owned and operated for 40 years,
offering English or Western riding lessons

The Ballet School of Chapel Hill

<http://www.balletschoolofchapelhill.com/>
1603 E. Franklin Street, Chapel Hill
942-1339
Year-round classes in ballet, modern, jazz,
tap, and fencing for children and adults

Barnes & Noble Booksellers

<http://bn.com/>
Call the following Durham locations for
information about weekly story times for
kids:

- 5400 New Hope Commons, Durham
489-3012
- 8030 Renaissance Parkway
Suite 855, Durham
806-1930

Carolina Theatre

<http://www.carolinatheatre.org/>
309 West Morgan Street, Durham
560-3030
This theater offers wonderful performances
throughout the year. Past performances
include The Magic School Bus Live and
Peter & the Wolf.

Chuck E. Cheese's

<http://www.chuckecheese.com/>
3724 Mayfair Street, Durham
493-6084

This is an indoor playspace with mazes and
lots of games for older children. They also
have party packages. Admission is free.

Durham Arts Council

<http://www.durhamarts.org/>
120 Morris Street, Durham
560-2787

The Council offers hands-on arts courses for
toddlers through senior citizens. Building
features a private collection of paintings,
sculpture, and photographs by North
Carolina artists.

Durham County Public Library

<http://www.durhamcountylibrary.org/>
Each branch sponsors story hours for various
age groups. Call the main branch at 560-
0100 for specific location information and to
register.

Edison Johnson Aquatic Center

600 W. Murray Avenue, Durham
560-4265
Swimming lessons offered year-round for
children and at selected times of the year for
adults

Exploris Museum

<http://www.exploris.org/>
201 East Hargett Street, Raleigh
834-4040
Exploris features an IMAX theater and
hands-on exhibits about cultures from
around the globe.

Frankie's of Raleigh

<http://www.frankiesfunpark.com/raleigh/>
11190 Fun Park Drive, Raleigh
433-7888

Go-karts, miniature golf, bumper boats, amusement rides, laser tag, batting cages, and an awesome arcade are part of the mega mix of fun.

Jellybeans

<http://www.skatejellybeans.com/>

- 1120 Buck Jones Road, Raleigh
467-5283
- 10701 Common Oaks Drive, Raleigh
562-2326

A roller skating rink for kids! On the weekends there are special programs available for various age groups. Events change weekly, so call for an up-to-date schedule.

Kidzu Children's Museum

<http://www.kidzuchildrensmuseum.org/>
105 E. Franklin Street, Chapel Hill
933-1455

Kidzu Children's Museum is a hands-on museum in the heart of downtown Chapel Hill, where children 0–8 years old and the adults in their lives can safely discover, pretend, and play to their hearts' content.

The Mardi Gras Bowling Alley

<http://www.mardigrasbowling.com/>
6118 Farrington Road, Chapel Hill
489-1230

A recreational center with video games, party room, and café for birthday parties; Family Fun Nights; and more

Museum of Life and Science

<http://www.ncmls.org/>
433 Murray Avenue, Durham
220-5429

An interactive, indoor-outdoor science museum that features hands-on exhibits, gift shops, and a café

Raleigh Little Theater

<http://www.raleighlittletheatre.org/>
301 Pogue Street, Raleigh
821-3111

This theater offers youth series for younger audiences, a great opportunity to introduce your youngster to the wonder of live theater through familiar tales and musicals.

Soccer Dome America

<http://soccerdomeamerica.com/>
5600 Hillsborough Street, Raleigh
Offers year-round participation (especially nice during the winter months)

The Scrap Exchange

<http://scrapexchange.org/>
548 Foster Street, Durham
688-6960

Art and craft supplies: More than 150 companies and manufacturers donate their clean scraps to the Exchange. Customers can fill a grocery bag for a flat rate or purchase some items individually. The Scrap Exchange also offers birthday parties and arts and crafts workshops for kids. Call for more information. Open Monday–Saturday.

Triangle Sportsplex

<http://www.trianglesportsplex.com/>
101 Meadowlands Drive, Hillsborough
644-0339

The Sportsplex contains a fitness center, ice rink, and aquatic center. Skating, hockey, and swimming classes are offered throughout the year. Memberships are available.

Wheels Family Fun Center

<http://wheelsfunpark.com/>
715 N. Hoover Road, Durham
598-1944

This facility includes a roller skating rink, go-cart track, miniature golf course, skateboard park, and batting cages. Age appropriate events are scheduled on the weekends.

Playgrounds and Parks

(See http://www.ci.durham.nc.us/gis_apps/parkapp/mainmap.cfm for the most up-to-date location and amenities information.)

American Village Park

4703 American Drive, Durham
(off Morreene Road)

Cornwallis Road Park

2830 Wade Road, Durham
(off Cornwallis Road)

Duke Doggie Park

Duke's East Campus, Durham
(corner of Markham & Broad)

Duke Forest

The Durham Division of Duke Forest is off of 751. The Korstian Division is off of Mount Sinai Road northwest of Chapel Hill. The Duke Fitness Trail is part of the Duke Forest system and is located at Cameron Road and Science Drive (wraps around the golf course).

Duke Park

106 W. Knox Street, Durham

Eno River State Park

<http://ncparks.gov/Visit/parks/enri/main.php>
Multiple locations in Durham

Falls Lake State Recreation Area

<http://ncparks.gov/Visit/parks/fala/main.php>
13304 Creedmoor Road, Wake Forest

Forest Hills Park and Center

1639 University Drive, Durham

Indian Trail Park

1701 Albany Street, Durham

Jordan Lake State Recreation Area

<http://ncparks.gov/Visit/parks/jord/main.php>
280 State Park Road, Apex

NOTE: There are nine recreation sites in the Jordan Lake State Recreation Area, five of which have campgrounds that are all large, well-developed, waterfront sites with facilities for RVs.

Piney Wood Park

400 E. Woodcroft Parkway, Durham
Includes the Durham Dog Park

Trinity Park

410 Watts Street, Durham
(near Duke's West Campus)

William B. Umstead State Park

<http://ncparks.gov/Visit/parks/wium/main.php>
8801 Glenwood Avenue, Raleigh

West Point on the Eno

5101 North Roxboro Road

Pet Resources

Veterinarians

Look for an animal hospital that is an AAHA (American Animal Hospital Association) member. See <http://www.triangleipages.com/v/veterinarysvc/animalhospitals/default.htm> for a more complete listing of animal hospitals.

The Animal Hospital of Carrboro
<http://www.theanimalhospital.biz/>
112 W. Main Street, Carrboro
967-9261

The Cat Hospital of
Durham and Chapel Hill
<http://www.cathospitaldurhamch.com/>
5319 New Hope Commons Drive, Suite 102B
489-5142

Colony Park Animal Hospital
<http://www.cpah.net/>
3102 Sandy Creek Drive, Durham
489-9156

Cornwallis Road Animal Hospital
http://www.creaturecomfortsinn.com/hospital/welcome_hospital.html
206 W. Cornwallis Road, Durham
489-9194

NCSU Veterinary Teaching Hospital
<http://www.cvm.ncsu.edu/vth/>
4700 Hillsborough Street, Raleigh
513-6500

North Paw Animal Hospital
<http://www.northpawanimalhospital.com/>
5106 Guess Road, Durham
471-1471

Park Veterinary Hospital
<http://www.parkveterinaryhospital.com/>
735 W. Highway 54, Durham
544-3758

St. Francis Veterinary Hospital
2727 Hillsborough Road, Durham
286-2727

Triangle Veterinary Hospital
<http://www.trianglevet.com/>
3301 Old Chapel Hill Road, Durham
489-2391

Triangle Veterinary Emergency Clinic
<http://www.trianglevec.com/>
Treatment service open seven days during non-business hours (evenings, weekends, holidays)
3319 Chapel Hill Boulevard, Durham
489-0615

Westside Animal Hospital
<http://www.westsideanimal.com/>
3653 Hillsborough Road, Durham
383-5578

Boarding

Colony Park Animal Hospital
<http://www.cpah.net/>
3102 Sandy Creek Drive, Durham
489-9156

Creature Comforts Inn
<http://www.creaturecomfortsinn.com/>
200 W. Cornwallis Road, Durham
489-1490

Love Overboard
<http://www.loveoverboardkennels.com/>
710 W. Rosemary Street, Carrboro
942-6870

North Paw Animal Hospital
<http://northpawanimalhospital.com/>
5106 Guess Road, Durham
471-1471

Park Veterinary Hospital
<http://www.parkveterinaryhospital.com/>
735 W. Highway 54, Durham
544-3758

Pet's Companion Inn
<http://www.petscompanioninn.com/>
8411 Roxboro Road, Bahama
477-0618

Sunny Acres Pet Resort
<http://www.sunnyacrespetsort.com/>
5908 US 70 W, Durham
383-4238

Triangle Veterinary Hospital
<http://www.trianglevet.com/>
3301 Old Chapel Hill Road, Durham
489-2391

Pet Grooming

The Animal Hospital of Carrboro
<http://www.theanimalhospital.biz/>
112 W. Main Street, Carrboro
967-9261

Colony Park Animal Hospital
<http://www.cpah.net/>
3102 Sandy Creek Drive, Durham
489-9156

Creature Comforts Inn
<http://www.creaturecomfortsinn.com/>
200 W. Cornwallis Road, Durham
489-1490

Love Overboard
<http://www.loveoverboardkennels.com/>
710 W. Rosemary Street, Carrboro
942-6870

The Pampered Pooch
<http://pampooh.com/>
3123 Roxboro Road, Durham
220-1083

Westside Animal Hospital
<http://www.westsideanimal.com/>
3653 Hillsborough Road, Durham
383-5578

Pet Shops and Supply Stores

Aquatic Concepts
<http://www.ac-nc.com/>
7001 Fayetteville Rd., Suite 100, Durham
361-9011

Barnes Supply Company
<http://www.stirflux.com/barnes/>
774 Ninth Street, Durham
286-7331

The Birdie Boutique
<http://www.birdieboutique.com/>
(also offers veterinary services)
3039 University Drive, Durham
490-3001

PetCo
<http://www.petco.com/>
(2 locations in Durham; See Web site for other area locations.)

- 8200 Renaissance Parkway, Suite 1012
572-9638
- 4011 Durham Chapel Hill Boulevard
401-2464

Pet Supermarket
<http://www.petsupermarket.com/>
5432 New Hope Commons Drive, Durham
403-1878

PetSmart

<http://www.petsmart.com/>

(2 locations in Durham. See Web site for other area locations.)

- 1720 North Pointe Drive
471-6474
- 3615 Witherspoon Boulevard, Suite 101
403-6902

Triangle Tropical Fish

<http://www.triangletropicalfish.com/>

North Duke Crossing Shopping Center
3600 N. Duke Street

Suite 36, Durham

479-0088